

## ULearnIT Featured Resource

### Organizations Change So Get Ready

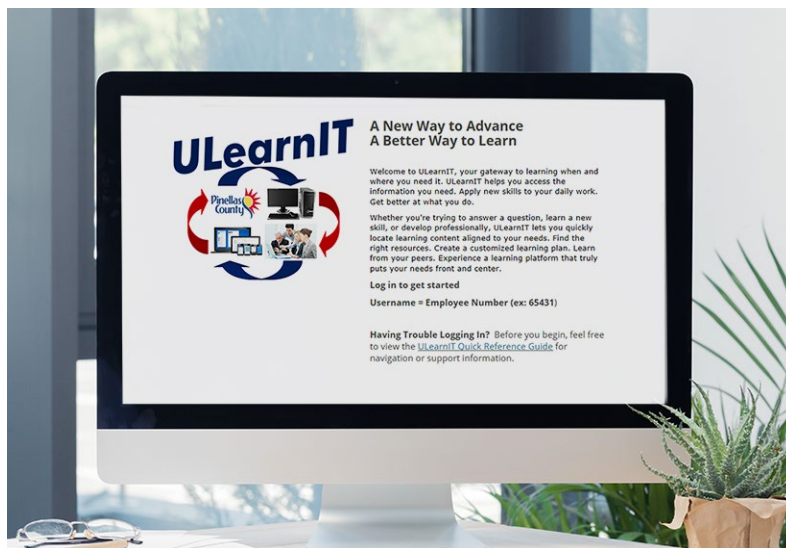
Change can be disruptive but adapting to change can also open new possibilities. A changing work situation can create a period of uncertainty while you adapt. A clear understanding of what organizational change is can help build your resilience and flexibility.

In this course, you'll find out what can trigger organizational change. You'll explore common responses to change and the stages of reacting to change that people go through when dealing with organizational change. You'll learn why it's important to be resilient when adapting to change, and how to prepare yourself to get the most out of change.

*30 minutes*

### [Link to the Featured Resource](#)

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