

A Fluoridation Message from...

Part Four of a Series

The Florida Department of Health



The quality of your water will increase this month! The fluoride content will be adjusted to optimum levels. The procedure is simple and you will not notice any changes to your water taste and smell. This health benefit to you and your family is cost effective and a safe measure for dental decay prevention.

Did you know that fluoride occurs naturally in your water? Fluoridation simply adjusts it to the best level for preventing tooth decay. We will all benefit from fluoridation, regardless of our age, income, and ability to get dental care.

Another benefit we can look forward to, as we join the 66% of the American population who now enjoy fluoridation, is the elimination of costly, time consuming fluoride supplements and school fluoride rinses.

Decline in dental decay since 1945 has made fluoridation of drinking water to prevent dental decay one of the top ten Public Health achievements of the 20th century.

Fluoridation has been endorsed for its benefits, safety, and cost effectiveness by the federal Centers for Disease Control and Prevention, the American Dental Association, the American Medical Association, and many more national and international organizations.

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Pinellas County Health Department Dental Executive Director

References

- ▶ CDC. Fluoridation Census 2000. Atlanta, US Department of Health and Human Services, Public Health Service, CDC 2000
- ▶ CDC. Morbidity and Mortality Weekly Report. Nov 30, 2001/50(RR-21);1-13. Aug 17, 2001/50(RR14);1-42, Apr 02, 1999/48(12);241-243
- ▶ ADA. Fluoridation Facts 1999

727-464-4000

To find out more about Pinellas County's water fluoridation project, visit us at www.pinellascounty.org/utilities or call Customer Service at **727-464-4000**.