

Ok, so maybe there's a little more to it than that. Here's a short list of stuff to keep you safe on your bike:



1. Ride on the right.
2. Wear a helmet.
3. Stop for red lights.
4. Stop for stop signs.
5. Signal your turns.
6. Use a light at night.
7. Never ride with headphones.

And of course:

8. Never ride with a live badger in your backpack.  
(Just seeing if you're still paying attention.)



For more information  
on bicycle safety in  
Pinellas County, contact  
the Pinellas County  
Metropolitan Planning  
Organization  
at (727) 464-4751.  
[www.co.pinellas.fl.us/mpo](http://www.co.pinellas.fl.us/mpo)



**There  
are only  
3 rules  
to bicycle  
safety:**

1. Obey the law.
2. Obey the law.  
(and most important)
3. Obey the law.



## Do I have to wear a helmet?

If you're under 16 years old, yes you do. It's the law. If you're older, it's always a good idea.

Remember, your children and grandchildren will follow your example.

Make sure you get an ANSI-approved helmet that fits, and learn how to adjust it and wear it correctly. Then wear it, because you just never know.

Around the block or around the world, bicycling is always an adventure.

## Is bicycling safe?

Sure it is. But like any activity, a little knowledge and awareness go a long way towards making it even safer.

Know the laws that apply to bicycles and obey them.

Stay safe by following the rules. Be consistent and predictable.

Choose roads that minimize your risks by not competing with heavy motorized traffic and that offer less hazardous routes for safer bicycling.

If you ride at night, make sure you've got a good headlight and taillight, as well as red rear reflectors.

Wear light clothing. Being seen is everything, day or night.



## What else can you do to bicycle safely?

- Be aware of road hazards: glass, debris and open slotted storm grates.
- Be aware of drivers and vehicles. They are not looking out for you, and may not even see you at all.
- Be aware of changes in the weather, which can happen Fast here in Florida.

Above all: Obey the law. It may sound trite and overdone, but obeying the law when you're out bicycling may just be the one thing that keeps you alive - and that sure beats the alternative.