

SEPTEMBER 2022 | YMCA Lealman Exchange Events Calendar | 5175 45th Street N, Lealman, FL 33714

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
			1 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am Parkinson's Support Group 10:00am – 11:00am	2
5	6 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	7	8 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am Parkinson's Support Group 10:00am – 11:00am	9
12	13 SilverSneakers Classic 9:00am – 9:50am- Delay the Disease Program 10:00am – 11:00am-	14	15 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am Parkinson's Support Group 10:00am – 11:00am Parkinson's Speaker 11:10am – 12:15pm	16
19	22 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	21	22 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am Parkinson's Support Group 10:00am – 11:00am	23
26	27 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am	28	29 SilverSneakers Classic 9:00am – 9:50am Delay the Disease Program 10:00am – 11:00am Parkinson's Support Group 10:00am – 11:00am	30

ALL CLASSES WILL BE LOCATED IN BUILDING B (GYM)

*****Please call (727) 464-5404 with any questions** www.stpeteymca.org***