



Training Available – Sign up Today!

Register for “[A Kick in the Attitude](#)”

(If you do not have OPUS access, please register through your training coordinator.)

A Kick in the Attitude: A New Attitude Series, Part 1

3.5 Hours

Sam Glenn, motivational keynote speaker, says, “Humor is the gateway to a better attitude. If you just lighten up ... even a little, it can do wonders for your attitude.”

How would you like to enjoy learning while you are laughing? Participants who attend will learn how four key principles can lead you to a happier and more positive work environment – and life. Take back your enthusiasm, focus, sense of humor, and resilience. Discover how life gets better when we get better.

A Kick in the Attitude is part one of a three part series, *A New Attitude*. The classes are individual classes. Taking all three is recommended but not required. Part two is *Who Put A Lizard in My Lasagna?* Part three is *When Change Happens, Adjust Your Sail*.

Presented by: Pinellas County Training Consortium

Intended Audience: OPEN TO CONSORTIUM

Learning Objectives:

- ❑ Learn fresh and inspiring new ways of adapting to and coping with change
- ❑ Discover innovative ideas to solve old problems
- ❑ Gain valuable insight into how your attitude shapes your interactions and relationships with everyone from co-workers and customers to family and friends

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1/25/17

12:30–4:00

*Sheriff's Office,
Ulmerton Rd.*