



## Training Available – Sign up Today!

### Register for “[Emotional Intelligence](#)”

(If you do not have OPUS access, please register through your training coordinator.)

#### Emotional Intelligence

3.5 Hours

Most of us were taught to leave our emotions at home when we go to work, but in reality, that's impossible. Even more importantly, that's counter-productive. Organizations that know this, and apply Emotional Intelligence (EI) principles, come out ahead in employee morale, creativity, energy and productivity.

Participants will gain a solid basic knowledge of the EI competencies, learn how to build on their existing strengths and develop key leadership skills. They will also identify and practice a structured step-by-step approach to developing the emotional competencies in which they need to improve to bring more satisfaction and success to their work, whatever their industry or field, and to their personal lives as well.

**Presented by:** Pinellas County Training Consortium.

**Intended Audience:** All employees of the Pinellas Training Consortium.

Recommended for all supervisors.

#### Learning Objectives:

- ❑ Taps into the power of emotions
- ❑ Improves team performance
- ❑ Shows how to manage negative emotions

Th	2/16/17	1:00 – 4:30	Studio B
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