

## **Employee Health Center Government Sector Case Studies**

### **City of Plantation, FL**

Year Opened: 2010

Key Initiatives and Results:

- Linked incentive payments for preventive physicals and biometrics to clinic patients. Increased participation. Increased participation rates from 39 to 98%
- Clinicians in center performed health coaching. By year 3 more than 90% of employees participated in coaching, and 97% of the high health risk population
- Six year savings of \$10.8 M for a 3.0:1 ROI

### **Escambia County Schools**

Year Opened: 2013

Results:

- \$18.3 M savings in 19 months
- 62% engagement rate with employees targeted as high risk for a chronic condition
- 51% of high risk made progress towards normal range of health
- 90% of employees were satisfied with and would recommend the center

### **Lexington, KY**

Year Opened: 2012

Results:

- In 2 years over 39% of employees with biometric values above normal range had made measurable progress, including 8% weight loss, 37% lower blood pressure, 35% lower blood sugar, 16% lower cholesterol
- High risk patients had 4.25 annual encounters with center clinicians
- Patients moved out of high risk categories with rates ranging from 10-16% depending on the risk category.
- 42% increase in use of primary and preventative care with 22% reduction in overall claims costs

### **Metro Nashville Public Schools**

Year Opened: 2009

Five Year Results:

- Total cost for adults using the center were 27% lower than those using other primary care providers
- \$2.8 M saving in 2012 alone
- Employees using the clinics had 19% fewer hospital admissions, 42% fewer outpatient visits, 24% fewer emergency room visits, 60% fewer urgent care visits, 31% fewer radiology tests, 15% fewer lab tests and 15% fewer surgical procedures