

Meet Your Nurse Liaison



About Amy Hertog

We are happy to introduce Amy Hertog, RN, BSN. Amy has 20 years of nursing experience in a variety of areas including surgical care, cardiology services, wound/ostomy care as well as chronic disease management. Amy will provide coaching and support for individuals and groups of employees.

How can Amy help me?

She can connect you with United Healthcare resources and provide counseling and education. For example, she can help you:

- Navigate United Healthcare wellness tools and resources
- Find a doctor or specialist
- Identify and recommend medical condition-specific programs
- Manage chronic illnesses
- Select appropriate medical care and understand available treatment options
- Provide referrals to clinical and community programs
- Make better health care decisions

Does Amy offer screenings or presentations?

Yes. Amy offers blood pressure screenings and group health education on topics such as:

- Healthy Heart
- Men's Health
- Women's Health
- Understanding Blood Pressure
- Understanding Diabetes

Will my personal information that I share with Amy be protected?

Yes, all information shared with her is *strictly confidential* and will not be shared with Pinellas County Government.

What services does Amy not offer?

Amy will not be providing hands-on medical services such as blood draws, flu shots, diagnoses, or treatment. Also she will not provide assistance with UHC claims.

How can I reach Amy?

For individual questions or group presentations/screenings, contact:

amy_hertog@uhc.com
(727) 464-5579
Annex Building, 400 South Ft. Harrison Avenue, Clearwater

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