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Confronting Your Assumptions

Assumptions are necessary to help us make sense of our world. We are bombarded with so much information that we simply couldn’t function if we didn’t each have some basic premises to work from. That said, the critical thinker knows assumptions can get in the way of rational decision making. When solving problems, it’s necessary to use strategic thinking to challenge our assumptions and find the right solutions.

This course defines what assumptions are, describes how different kinds of assumptions may be challenged, and covers the importance of seeking out other people’s perspectives.

24 minutes

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