2017 Wellness Incentive: Weight Watchers

Employees may participate in a Pinellas County Weight Watchers Program and earn 25,000 reward points or $100 cash for completion of the program.

**What is the Weight Watchers Program?**

Weight Watchers “Beyond the Scale” program offers support to help you achieve or maintain your desired weight. Activities include group meetings led by a weight-loss mentor, confidential weigh-ins, and a variety of tools such as recipes, 24/7 chat line, and weekly access to eTools such as strategy videos.

### How Do I Qualify for the Incentive?

1. **Open only to permanent employees (health plan enrollees or those who opt out). Not open to spouses/partners.**
2. **Complete a 12-week Pinellas County Weight Watchers program.**
3. **Attend at least 10 of the 12 classes.**
4. **The Weight Watchers class leader will submit an attendance roster to the Wellness staff.**
5. **The incentive will be rewarded in the next quarter.**

**Is there a fee?**

Yes. This is a discounted fee for Pinellas County employees of $156 per person for the program. Payment options are a lump sum payment of $156 or three post-dated checks of $52, due at the open house event.

**Can I attend a local Weight Watchers center and still earn the incentive?**

No. This is a Weight Watchers corporate program provided onsite at a special discounted rate.

**Will others in my group find out how much I weigh?**

No. All weigh-ins and information pertaining to your weight are strictly confidential.

**How do I get more info?**

For more information, please attend a free Weight Watchers open house for a program overview, pricing and Q&A. Also visit Weight Watchers website.

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**Register for a Weight Watchers Open House**

The minimum class size is 15 employees. If there is no location nearby, contact your Wellness Champion to request an open house.