Quick Guide

Not sure if you completed your biometric screening and health survey in 2020? Follow these 3 easy steps.

STEP 1 – Log in

1. Log in to the UnitedHealthcare website at myuhc.com

2. Select the Rally link.

NOTE: Employees who opt out of health plan coverage should log in to Rally at https://werally.com/client/pinellas/register.

www.pinellascounty.org/hr/rally
STEP 2 – Biometric Screening

• A biometric screening is a short health exam and lab work.
• **Required info**: Height, weight, blood pressure, total cholesterol. **Requested info**: HDL, LDL, triglycerides, and fasting glucose
• Get a biometric screening at your in-network physician’s office or go to a convenience care clinic.
• To verify completion, log in to Rally and follow the screenshots:

  a) In Rally, select **Rewards tab** and **Current Plan**.

  b) Scroll down to see if **Biometric Screening** is listed as **Available** (not done) or **Completed** (done). If the screening is completed, you’ll see a 2020 date and a checkmark. See examples:

**Example #1: Screening not done**

- Get a Biometric Screening
- 10 Rally Coins
- **Completed a Biometric Screening**
- Completed 07/11/20

**Example #2: Screening done**

- Get a Biometric Screening
- 10 Rally Coins
- Completed a Biometric Screening
- Completed 07/11/20

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*Why isn’t my biometric screening showing up in Rally?*

It can take up to 90 days for biometric screenings to show up in Rally, depending on when the claim is submitted by the doctor or lab to UnitedHealthcare. For more information, contact Wellness at [wellness@pinellascounty.org](mailto:wellness@pinellascounty.org) or call 464-4049.
STEP 3 – Health Survey

- The health survey is an online questionnaire in Rally that provides a private personal health checkup.
- You will need to enter your biometric screening numbers such as total cholesterol and blood pressure.

- To complete the survey, scroll down to Quick Links, select My Profile, and Health Profile.

- To verify that you completed the survey:
  
  a) In Rally, select Rewards tab and Current Plan.
  
  b) Scroll down to the Completed section.
  
  c) Verify that Rally Health Survey has a 2020 completion date and a checkmark.

Questions?

- See the Biometric Screening and Health Survey FAQs
- See the Rally Help Guide
- Rally Help Desk: support@werally.com | (877) 818-5826
- UnitedHealthcare: (888) 478-4752
- Employee Wellness: wellness@pinellascounty.org | (727) 464-4049