2018 Wellness Incentive: Annual Physical & Preventive Screening

Employees are encouraged to get annual physical checkups and preventive screenings as recommended by their doctor. Even if you are in the best shape of your life, a serious medical condition with no signs or symptoms may put your health at risk. Annual physicals and preventive screenings are vital for early detection and treatment of medical conditions.

**What preventive screenings are included?**
Rewards are available for one annual physical and for one preventive screening (select from pap test, mammogram or colonoscopy). To earn rewards for a preventive screening, you must be at least age 50 for a colonoscopy, at least age 40 for a mammogram, and between the ages of 21 and 65 for a pap test.

### How Do I Qualify for the Incentive?

1. Open to permanent employees (health plan enrollees or those who opt out) and spouses/partners enrolled in the County health plan.
2. In 2018, rewards are available for ONE annual physical and ONE preventive screening.
3. Get an annual physical (not including a well woman exam), and earn up to 7,500 reward points or $30 cash.
4. Get a preventive screening, and earn up to 7,500 reward points or $30 cash. Choose one: pap test, mammogram, or colonoscopy.
5. Once the claim is processed by United Healthcare, you can view the completion in Rally.
6. The incentive will be rewarded in the next quarter.

### What will I pay for preventive screenings?
Preventive care is available at no cost in the Pinellas County sponsored United Healthcare plans. During your annual physical, your provider may determine that a referral to another provider is necessary or that lab work or imaging is required. These services are not preventive and will have a fee associated with the service. Non-preventive services are called diagnostic as they are used to either diagnose a condition or check-in on an already diagnosed condition. An example of a diagnostic service would be a mammogram prescribed as a result of a breast lump found during an annual physical.

### Do I have to wait 366 days before my next screening?
No. Screenings are covered annually per calendar year.

### How do I submit documentation if I am an opt out?
Employees opted out of the County health plan need to submit a copy of their Explanation of Benefits for designated preventive screenings by email to wellness@pinellascounty.org, by fax to (727) 464-5291, or by interoffice mail to Wellness, 400 S. Ft. Harrison Avenue, First Floor. Please block out any personal health information data as it is not necessary for earning of incentives.

### How do I get more info?
View Preventive Care Guidelines or visit www.uhcpreventivecare.com.

www.pinellascounty.org/hr/incentive 12/27/17