

2016 Wellness Incentive: Disease Management

Do you have a chronic illness such as diabetes or a heart condition? Facing a long-term chronic illness can take a huge toll on you and your family. The Disease Management Program can help.

Who is eligible for a Disease Management Program?

The Disease Management Program is only available to members who qualify medically with conditions such as diabetes, end stage renal disease, or chronic obstructive pulmonary disease. The eligibility is determined by United Healthcare when your medical claims are processed.



How do I enroll in a Disease Management Program?

You may not self-enroll in a Disease Management Program. You will receive a phone call invitation from a registered nurse who specializes in your identified medical condition.

What is the Disease Management Program?

The program offers personalized individual conversations to support you in reaching your maximum enjoyment of life while managing your medical condition. The phone conversations are scheduled by you with your registered nurse case manager so the calls will meet your schedule and your needs. Your registered nurse case manager will provide assistance in managing your medical condition and medications. The case manager can also provide you with community-based resources for financial assistance or resources from other benefit partners such as ComPysch, ExpressScripts, or your dentist.

What incentives can I earn?

You can earn 25,000 reward points or \$100 cash.

Will Pinellas County staff know that I am enrolled in a Disease Management Program?

Our staff receive completion data only on those who complete the program. This is necessary to award the incentive points or cash. The medical condition that is being managed between you and your registered nurse case manager is not known by Pinellas County staff.

Can I enroll in a Disease Management Program and [Telephone Coaching Program](#) at the same time?

Yes.