

PLAN personal disaster plan



Fill out the information in this plan and let friends and family know your evacuation plan.

An online version is available at www.pinellascounty.org/emergency/personaldisasterplan.pdf

ALL HAZARDS DISASTER INFORMATION

Central Family Contact: _____

Doctor: _____

School(s): _____

Day Care: _____

Other Important Contacts: _____

Do I have everything I need for my survival kit? Yes No

Have I signed up to receive *Alert Pinellas* emergency notifications? Yes No

Do I have a battery-powered radio for emergencies? Yes No

Does my family have a central meeting place if we're separated in an emergency?

Yes No Location: _____

Are important papers – and copies – stored with valuables in a waterproof, safe place?

Originals: _____

Copies: _____

Insurance Policy Information

Home: _____

Health: _____

Flood: _____

Auto: _____

Renters: _____

HURRICANE PREPARATION

Evacuation Level: _____

Where we'll go if/when we need to evacuate: _____

Evacuation location, address and phone (host home, hotel, shelter): _____

Does my employer provide a shelter for me and my family? Yes No

If Yes, list address and phone: _____

Does my evacuation location allow pets? Yes No

My pet(s) name/type of pet(s): _____

What will I do with my pet(s) if I evacuate? _____

If required, have I registered for Special Needs Evacuation Assistance?

Yes No

Can I be a host home? Yes No If yes, how many/who will I host? _____

Is there a neighbor who needs help? Yes No

What preventative measures will I take to safeguard my home? _____

Are my windows and doors protected? Yes No

Where is my safe room? _____

How will I secure my boat? _____

SIGN UP FOR ALERT PINELLAS

www.pinellascounty.org/alertpinellas

PLAN build a survival kit

in this section

- Survival kit checklist
- Medications in emergencies
- Special considerations



Imagine life without power, water or safe roads to take you to the grocery store. Think through what you and your family members would need if a disaster strikes and you need to be on your own for an extended period of time. To be ready, you need a basic survival kit.

A large plastic storage bin can hold most of the items and you don't need to spend a lot to get what you need to survive.

SURVIVAL KIT CHECKLIST

Basic Necessities

- One-week supply of fluids to drink and non-perishable food that doesn't require cooking, for example, dried fruit, canned tuna fish, peanut butter, etc.
- Water – at least 1 gallon of water per person per day for drinking/hygiene
- Non-electric can opener
- Medications and copies of prescriptions
- Paper plates, plastic cups and utensils
- Cooler with ice
- Utility knife
- Clothing/Bedding
- One change of clothes and shoes per person
- Rain gear
- Sturdy work shoes
- Blankets and sleeping bags
- Flashlight or lantern
- Battery-operated or hand-cranked radio
- Cell phone with charger, extra battery and solar charger
- Contacts in mobile device and in print for backup



- Extra batteries
- Matches or lighter in waterproof container
- Insect repellent
- Sunscreen
- Rope or elastic cord
- Whistle to signal for help
- Tools, including wrench to shut off water
- Map with shelter locations
- Paper and pencil
- Tarps
- Dust mask, plastic sheeting and duct tape to help filter contaminated air

Health and Sanitation

- First aid supplies – antibacterial hand gel, soap, over-the-counter pain reliever, anti-diarrhea medicine/laxative, allergy and itch relief medicine, antiseptic
- Sanitation – toilet paper, hygiene supplies, towelettes, feminine supplies
- Portable toilet – 5-gallon bucket with lid, trash bags, chlorine bleach
- Household chlorine bleach with medicine dropper to disinfect or treat water

Other

- Cash or travelers checks
- Books, cards, board games for entertainment
- Full tank of gas in vehicle

"Go Bag"

If you have to evacuate, you will need to add a couple of more items. If you are evacuating to stay with friends or relatives in a host home, take a "go bag" and ask in advance what supplies you can bring and what kind of space you'll have for possessions and vehicles.



If you're staying in a public shelter, picture yourself sleeping every night in a room full of people in a space that measures about 10 square feet. Pack accordingly. Feel free to bring a chair or a mat.

"Go Bag" Suggestions:

- Vital papers & ID
- Cash
- Phone number list
- Medications and copies of prescription paperwork
- Eyeglasses
- Non-perishable food/snacks
- Bedding
- Hygiene items
- Change of clothes, rain gear
- Kids' supplies and entertainment

MEDICATIONS IN EMERGENCIES

Restrictions on refilling medications early are suspended by state law during hurricane warnings, when the Pinellas County Emergency Operations Center is activated or when the governor has declared a state of emergency. Make sure you get your 30-day refills if you know a hurricane is coming. Ask for a printout of your medications, dosages and prescriber information from your pharmacist as well.

SPECIAL CONSIDERATIONS

Life is very different for different people. Consider your own situation, budget and needs when planning. Think about special medical needs, dietary preferences, allergies, pets and any unique situation that you will need to include in your plans.