

Build an Emergency Preparedness Kit



Basic Supplies

- Water—at least one gallon of water per person per day for drinking, and one gallon per person per day for hygiene and cooking
- One-week supply of fluids to drink and non-perishable food that does not require cooking, for example: dried fruit, canned tuna fish, peanut butter, etc. *(Remember comfort foods.)*
- Non-electric can opener
- Medications and copies of prescriptions *(Ask your pharmacist for a printout. Get refills without having to wait, once the governor declares a state of local emergency that includes Pinellas.)*
- Rain gear
- Flashlight or lantern
- Battery-operated or hand-crank radio
- Extra batteries
- First aid supplies—over-the-counter pain reliever, anti-diarrhea medicine/laxative, anti-histamine, anti-itch cream, antiseptic
- Sanitation—wipes, antibacterial hand gel, soap, toilet paper, hygiene supplies, feminine supplies
- Extra batteries for medical devices such as hearing aids, etc.
- Eyeglasses and extra contact lenses
- Extra bottled oxygen if dependent on it
- Small generator for electrically dependent equipment like an oxygen concentrator or nebulizer
- Cash for when ATMs are out of service—small bills will make purchasing easier
- Books, cards, board games for entertainment
- Full tank of gas in vehicle
- Cell phone with charger, extra battery backup, solar charger
- Contacts in mobile device and in print for backup
- Information downloaded to your mobile device *(contacts, maps)*
- A paper map
- Paper and pencil
- Sunscreen
- Insect repellent

Basic Supplies for Pets

- Enough pet food and water for two weeks
- Identification/chip *(remember to update)*
- License
- Immunization records
- Photo
- Collar and leash
- Medications for two weeks with instructions
- Toys/blanket
- Cat litter, pan, scoop
- Plastic waste bags
- Disinfectant
- Paper towels
- Carrier or crate
- Newspaper or other lining



If You Go

Host Home or Hotel Go Kit

In addition to basic supplies:

- Pillow and blankets
 - Air mattress, sleeping bag, floor mat or other as needed
 - Food and water. Find out from the host what you can bring, including the perishable food you have left.
 - Paper plates, plastic cups and utensils
- Check with your host to see what they need.

Public Shelter Go Kit – General

In addition to basic supplies:

- Wearable medical alert tag
- Blanket, pillow, cot, folding chair or twin-size air mattress
- Complete change of clothing for several days
- Special dietary items *(sugar-free, low sodium, gluten-free, etc.)* with can opener if required. *(common food and water is supplied)*
- Personal hygiene *(toothbrush, wipes, soap, hairbrush, adult diapers)*
- Earplugs, headphones, sleep mask

Special Needs Shelter Go Kit

In addition to basic supplies:

- Any durable medical equipment or supplies you may need such as:
 - Portable oxygen
 - Wheelchair, walker or cane
 - Eyeglasses
 - Hearing aids with batteries
 - Oxygen concentrator
 - Nebulizer
- Medications in the original container *(2-week supply)*. There is no time requirement for refills once the governor declares a state of emergency.
- Blanket, pillow, cot, folding chair or air mattress *(available cots are limited in number)*
- Complete change of clothing for several days
- Personal hygiene *(toothbrush, wipes, soap, hairbrush, adult diapers)*
- Talking or Braille clock
- Pen and paper for communicating emergency information
- Earplugs, headphones, sleep mask
- Written instructions or orders regarding your care
- Pet Go Kit *(Pets do not stay with you—see page 8)*

If You Stay or When You Return

Stay Kit for Home

Even if you are evacuating, these supplies will be needed when you return.

- Two weeks of fluids to drink and non-perishable food that does not require cooking, for example: dried fruit, canned tuna fish, peanut butter, etc. Remember comfort foods
- Paper plates, plastic cups and utensils
- Cooler with ice *(Make extra ice in plastic bags and plastic food storage containers and keep it in the freezer to keep food cold longer.)*
- Insect repellent
- Sunscreen
- Tarps
- Rope or elastic cord *(for tarps if necessary)*
- Whistle to signal for help
- Tools, including wrench to shut off water, utility knife for sheeting and duct tape, hammer and nails to make temporary repairs
- Dust mask, to help filter contaminated air
- Sheets of plastic and duct tape to seal windows and doors if ordered to do so
- Matches or lighter in waterproof container
- Large garbage bags
- Portable toilet—use one from a boat or camper, or make one using a 5-gallon bucket with lid, trash bags, chlorine bleach
- Household chlorine bleach with medicine dropper to disinfect or treat water. *(Do not use scented, color safe or bleach with added cleaners.)*
- Extra gas if you have a generator and somewhere safe to store it
- Extra propane or charcoal for outside grill
- Battery-powered fan
- Camera to take photos/video of damage

Important Documents

- Take photos of your documents for backup.
- Put paper copies together in a sealed plastic bag.
 - Driver license or ID card
 - Emergency Access Permit for barrier island residents/businesses
 - Social Security card
 - Important numbers and emergency contacts
 - Medical records – pharmacy prescription record, doctors, medications, dosages, blood type
 - Insurance policies for home, health, flood, auto, renters
 - Titles to house, cars
 - Pay stubs for disaster assistance eligibility
 - Household inventory for insurance claims – photo or video documentation stored online
 - Other irreplaceable papers, such as birth, marriage, divorce, death and adoption certificates; passports; military records; wills; trust documents
 - Account numbers for bank, credit cards, savings and investments.
 - This All-Hazards Preparedness Guide for reference, which you can also download from www.pinellascounty.org/emergency.